



Serves 10



10 minutes



✗ Winter/Spring



Celery

INGREDIENTS

- Celery bunch
- 1 apple
- 1 bunch of grapes
- 100g of cream cheese or nut butter
- 30g of sultanas

METHOD

- 1. Take one celery stalk and cut into 10-15cm lengths. This will form the body of the snail.
- 2. Slice your apple horizontally into thin pieces. About 0.5cm thick.
- 3. To assemble your snail, spread some cream cheese or nut butter in the side of your celery that is smooth. It will be the side that is hollowed out.
- 4. Add a grape to one end of your celery. This is the head of your snail.
- 5. Add one slice of apple behind your grape. This is the shell part of the snail.
- 6. Attach two sultanas as eyes by using a small amount of peanut butter or cream cheese as glue.

TIPS

• For a special treat you can buy candy eyes or use chocolate chips as eyes.

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Compost any leftover vegetable scraps.



