

Regrowing Celery

You can regrow both homegrown and store-bought celery. It is very easy and produces more yummy celery stalks to eat.

1.

Cut the base of the celery off the stalks and rinse the base until it is clean.

2.

Place the celery base in a shallow glass of water.

3.

Put the glass of water in a warm and bright position which is out of direct sunlight.

4.

Change the water every day.



5.

After 1 week you will see new leaves grow from inside the base. After 10–14 days, you can transfer the plant into soil to be regrown fully.

For more information, visit www.foodfromhome.org

