

January Growing Guide

While there is no such thing as a typical Melbourne summer, the (hopefully) warm weather this month makes for the perfect time to get out into the garden and enjoy it!

Remember, there is still time to sow seeds for beans and beetroot and silverbeet. As for seedlings, there are lots of options to add to your garden over summer:

HERBS

This month, herb options for any windowsill, pot or patch include:

- Chives
- Parsley
- Dill
- Watercress
- Sage
- Tarragon

VEGGIES

January is an ideal time to plant seedlings of the following vegetables:

- Tomato
- Lettuce
- Spring onion
- Asian greens
- Leeks
- Zucchini

For more growing resources, head to:
www.foodfromhome.org/resources/

