

Strawberry Banana Snowman



Serves 10



20 minutes



Summer



Strawberry & Banana



INGREDIENTS:

- 5 bananas
- 5 strawberries
- 1 small carrot
- 10 pretzel sticks
- 20 sultanas (or raisins)
- 10 skewers

METHOD:

1. Peel the bananas. Cut each banana into thick slices (about 2–3 cm). You need 3 slices for each snowman.
2. Wash the strawberries. Remove the green tops and cut them in half. These will be the hats.
3. Peel the carrot and cut 10 small triangle pieces for noses.
4. Put 3 banana slices on a skewer to make the snowman's body. Add half a strawberry on top for the hat.
5. Break the pretzel sticks in half. Push them into the middle banana slice for arms.
6. Use 2 sultanas for eyes and 2 for buttons. You can add more if you like.
7. Add a carrot piece for the nose.
8. Lay the snowman flat on a plate. Serve on its own or with French toast, pancakes, or waffles.

TIPS:

- Choose firm bananas (not overripe) so they don't break.
- Cut banana slices thick so they don't split when you insert the skewer.
- Sprinkle desiccated coconut on the plate for a "snow" effect.
- Serve straight away because bananas turn brown quickly.

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This recipe was developed by the Baker Heart and Diabetes Institute and supported by Enliven Victoria.